LHCPS MENU WEEK ONE 19/10/26 AUTUMN 26

MEAT FREE MONDAY	Cheese and Tomato Pizza □ Potato Wedges / Peas / Sweetcorn ******* Jacket Potato with Cheese and/or Beans □ Peas / Sweetcorn *** Grab Bag □ To include Egg Bap / Fresh Vegetable Sticks / Cheese and Onion Roll / Jam Sponge *** **Children choose dessert at the counter** **V** #1 Jam Sponge **V** #2 Fresh Fruit / **V** #3 Yoghurt
CHILDREN' S CHOICE TUESDAY	Chicken Nuggets □ **OR** **V** Quorn Nuggets □ Chips / Cucumber / Carrot Sticks ******* Jacket Potato with Tuna and/or Cheese □ Salad Sticks *** **V** Cheese Panini □ Chips / Salad Sticks *** **Children choose dessert at the counter** **V** #1 Apple Sponge & Custard **V** #2 Fresh Fruit / **V** #3 Yoghurt
AROUND THE WORLD WEDNESDAY	Chicken Pasta Bake □ **OR** Veggie Pasta Bake □ Green Beans / Sweetcorn *** **V** Jacket Potato with Cheese and/or Beans □ Green Beans / Sweetcorn *** Grab Bag □ To include Ham Bap / Fresh Vegetable Sticks / Sausage Roll / Cheese & Biscuits *** **Children choose dessert at the counter** **V** #1 Cheese & Biscuits **V** #2 Fresh Fruit **V** #3 Yoghurt
TRADITIONAL FAVOURITES THURSDAY	Sausages □ **OR** **V** Veggie Sausages □ Yorkshire Pudding / Mashed Potatoes / Mixed Vegetables / Gravy *** Jacket Potato with Tuna □ Mixed vegetables *** **V** Cheese Panini □ Potato Wedges / Mixed vegetables *** **Children choose dessert at the counter** **V** #1 Flapjack **V** #2 Fresh Fruit / **V** #3 Yoghurt
FISHY FRIDAY	TRAINING DAY