

# LHCPS MENU WEEK ONE 08/01/24 SPRING 24

|                                    |   |
|------------------------------------|---|
| MEAT FREE MONDAY                   | <p>TRAINING DAY</p>   |
| CHILDREN' S CHOICE<br>TUESDAY      | <p>Beef Burger in a Bun <input type="checkbox"/> <b>OR</b><br/> <b>V</b> Veggie Burger in a Bun <input type="checkbox"/><br/> Chips / Salad Sticks<br/> ***</p> <p>Jacket Potato with Tuna <input type="checkbox"/><br/> Salad Sticks<br/> ***</p> <p><b>V</b> Panini with Cheese <input type="checkbox"/><br/> Chips / Cucumber/Carrot Sticks<br/> ***</p> <p><b>Children choose dessert at the counter</b><br/> <b>V</b> #1 Cheese &amp; Crackers<br/> <b>V</b> #2 Fresh Fruit / <b>V</b> #3 Yoghurt<br/> Packed Lunch from Home <input type="checkbox"/></p>   |
| AROUND THE WORLD<br>WEDNESDAY      | <p>Sweet &amp; Sour Chicken <input type="checkbox"/> <b>OR</b><br/> <b>V</b> Sweet &amp; Sour Quorn Pieces <input type="checkbox"/><br/> Rice / Carrots / Cauliflower<br/> ***</p> <p><b>V</b> Jacket Potato with Cheese and/or Beans <input type="checkbox"/><br/> Carrots / Cauliflower<br/> ***</p> <p>Grab Bag <input type="checkbox"/><br/> To include Ham Bap / Fresh Vegetable Sticks /<br/> Sausage Roll / Jam Sponge<br/> ***</p> <p><b>Children choose dessert at the counter</b><br/> <b>V</b> #1 Jam Sponge &amp; Custard / <b>V</b> #2 Fresh Fruit<br/> <b>V</b> #3 Yoghurt<br/> Packed Lunch from Home <input type="checkbox"/></p> |
| TRADITIONAL FAVOURITES<br>THURSDAY | <p>Sausages <input type="checkbox"/><br/> <b>V</b> Veggie Sausages <input type="checkbox"/><br/> Yorkshire Pudding / mashed Potatoes / Mixed<br/> Vegetables / Vegetarian Gravy<br/> ***</p> <p>Jacket Potato with Tuna / Mixed Veg <input type="checkbox"/><br/> ***</p> <p><b>V</b> Cheese Panini <input type="checkbox"/><br/> Potato Wedges / Mixed Vegetables<br/> ***</p> <p><b>Children choose dessert at the counter</b><br/> <b>V</b> #1 Grannie's Chocolate Crunch<br/> <b>V</b> #2 Fresh Fruit / <b>V</b> #3 Yoghurt<br/> Packed Lunch from Home <input type="checkbox"/></p>  |
| FISHY FRIDAY                       | <p>Battered Fish <input type="checkbox"/> <b>OR</b><br/> Salmon Nuggets <input type="checkbox"/><br/> Chips / Peas / Sweetcorn / Wholemeal Bread<br/> ***</p> <p>Cheese Panini <input type="checkbox"/><br/> Chips / Peas / Sweetcorn<br/> ***</p> <p>Grab Bag <input type="checkbox"/><br/> To include Ham Bap / Fresh Vegetable Sticks /<br/> Sausage Roll / Chocolate Orange Muffin<br/> ***</p> <p><b>Children choose dessert at the counter</b><br/> <b>V</b> #1 Chocolate Orange Muffin<br/> <b>V</b> #2 Fresh Fruit / <b>V</b> #3 Yoghurt<br/> Packed Lunch from Home <input type="checkbox"/></p>   |