

Longman's Learning Project WEEK 10 - SPORT

Year Group: 4

<https://www.thenational.academy/online-classroom/year-4#schedule>

Using the link above, have a go at the Literacy and Maths lessons from: DfE Online lessons from Oak National Academy and please follow week 6 (25th May) lessons. These are interactive and progressive and can be used each day if you wish. We do not expect the children to complete every single lesson or activity we set. Please choose from these lessons or some of the activities on the weekly sheet below.

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Visit Mathletics and complete at least 5 activities. • Complete one round of the multiplication check on Mathsframe. • Complete Week 7 of the I See Maths online lessons • Try this Nrich activity and make your own Top Trump cards! • Here is another mathematical sport activity to try. You will need a timer and a tape measure. I would love to hear your results. 	<ul style="list-style-type: none"> • Find somewhere to sit outside and relax with a good book for 20 minutes. • Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation. • Using the link above, go on the DfE English lessons for this week. The theme is poetry. • Visit the Oxford Owl website to access lots of books. Registration is free. • Ask your child to read this extract from Quiz Whiz Sport. Encourage them to answer the questions on each page and write in full sentences.
Weekly Spelling Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Practise learning the Year 3 and 4 common exception words by: • Choose 5 – practise by look, cover, write, check. • Choose 5 – practise by rainbow writing • Revise words with the 'tious' and 'cious' ending with this BBC link. • Complete this spelling quiz. 	<ul style="list-style-type: none"> • Watch the short film called The Catch then ask your child to complete the poetry 'Haiku' activity in the activity pack. There are lots of other things to do in here too. • Ask your child to choose a sports person they admire. Get them to write a list of questions they would like to ask them. They could answer in role as their hero. Ensure your child uses a range of question words. • Ask your child to choose a sport, which is popular in another country, and write their own set of instructions for how to play that particular sport. Can they find out the National Sports of 10 different countries? They could create a Zoom quiz!

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.



Our Sport Heroes- How many famous sports people can your child name? Ask them to choose a sports person and research online about them. Can they find out how and when they started their career, or any other interesting facts about them? Encourage your child to create a timeline that details all of the achievements of their sporting hero.



Let's Create

Ask your child to design a new sport's kit for their favourite team. Take a look at different logos for various sports for inspiration. They could use this [template](#).

It would have been the Euro 2020 Football Tournament this year but has now been postponed to 2021. Look at the all the [past designs for footballs](#). Ask your child to create their own design for a new football. Here is a [template](#) for your child to use.



Be Active

This week is our Virtual Sports Week! Look on the P.E. section of the school website [here](#) and try the challenges that you see each day. They can record their score on [J2e](#) (instructions are in the file) or just simply challenge the family! Either way, enjoy the challenge and have fun!

From 20th - 26th June it is also National School Sport Week.

The UK-wide campaign will challenge people to take on their families, friends and neighbours in virtual sporting challenges.

Everyone who registers will receive free videos and activity cards to help plan a series of challenges across National School Sport Week at Home.

The active challenges will all have an emphasis on togetherness, inclusivity and wellbeing. They will be things you can do within the home, and where you can engage in straightforward virtual competitions with friends, neighbours and family outside your home.

You can register [here](#).



Time to Talk

Sharing Sport Interests - Encourage your child to ask different family members about their favourite sports and any sports they took part in growing up - were they a part of any clubs? Did they take part in any competitions? Did they win any trophies? They might find out something new about their family members! Following this, can your child use the information to write a newspaper report recounting one of the memorable events? They could include quotes from the interview.

Reflect:

Some questions to prompt discussion with your child.

What sporting activities do you like to do? What would you like to learn? Is there a club you would like to join in the future? What sports do you like to watch and why?

Breathing Practice

Have a go at a 'Sit Spot' in their garden or in some outside space. See if you can concentrate on all the sounds you can hear and practise deep breathing.

Life Skills



Learn how to make a cup of tea for someone in your house.

Transition Activities

Take a look at this [PSHCE activity](#) all about dealing with change.

25 June 2020 is RSE Day is a day to celebrate relationships and sex education and think about the role we all have in promoting positive relationships and sexual health.

This year the theme for RSE Day is 'Books I love about love'.

Using heart cut-outs ask children to write one thing they love about themselves and one thing they love about somebody else.